



Life skills education is an essential component of a comprehensive school curriculum that aims to equip students with the necessary skills to effectively cope with the challenges of everyday life. These skills encompass a wide range of abilities, including communication, decision-making, problem-solving, critical thinking, emotional intelligence, and interpersonal skills. Implementing life skills education in schools can have a positive impact on students' personal development, well-being, and overall success in various aspects of life.

The School Education Department, Government of West Bengal has, through collaboration of PBSSM, SCERT(WB) and UNICEF arranged a training program for around 135 Resource Persons in the state level at NSATI, WB, and many more subsequent trainings in the district levels to implement the following steps:

1. Curriculum Integration: Schools need to integrate life skills education into various subjects and grade levels, ensuring that these skills are taught in a contextually relevant manner.
2. Teacher Training: Teachers should incorporate life skills education effectively into their teaching practices. This training equips educators to facilitate discussions, group activities, and experiential learning that promote life skills development.
3. Assessment and Monitoring: Develop assessment methods to measure students' progress in acquiring life skills, and regularly monitor and evaluate the effectiveness of the program.

The implementation of life skills education in West Bengal schools is aimed by imparting it particularly through the duration period in schools' time table marked as "Ananda Parishar".

ATTENDANCE SHEET OF MTs PROGRAME ON LIFE SKILLS / LIFE STYLE EDUCATION (BATCH - I), FROM 15.05.2023 to 17.05.2023 at NSATI,WB, SALT LAKE.

Sl. No.	District		Name of Participants	Designation	Name of the Institute	What's App No.	E-mail Id	Signature 15.05.2023	Signature 16.05.2023	Signature 17.05.2023
1	North 24 Pargonas	Nominated by DIET/PTTI	Smt. Sandhyarani Nandi	Sr. Lecturer	DIET	9874395677				
2			Smt. Kabita Ghosh	Lecturer	DIET	9681877255				
3			Dr. Sangita Roy	Lecturer	BBGPTTI	8697545181				
4		Nominated by PBSSM	Mousumi Sarkar Das	Prog. coordinator (Ped)		9434568912				
5			Kamal krishna Paik	Head Teacher		9733548569				
6			Santanu Sengupta	Assistant teacher		7003797505				
7	Bankura	Nominated by DIET/PTTI	Haradhan Bhunre	Lecturer-In- Charge	DIET 2nd Campus	9434816965	dietbankura2ndcampus@gmail.com			
8			Manoj Pandey	Lecturer-In- Charge	Sabrakone Govt.PTTI	9434589314	sarengapttionline@gmail.com			
9			Sadhan Mohanty	Principal	Sarenga Govt.Spon. PTTI	8918183494	sabrakonegovtptti@gmail.com			
10		Nominated by PBSSM	Pradip kumar das	ped. prog. coordinator		9475337460				
11			Buddhadeb dutta	Astt. teacher		9002063663				
12			Madhusudan Dey	Asstt. teacher		8158997089				
13			Sk. Soriotulla			9734307834				

14	Hooghly	Nominated by DIET/PTTI	Md. Saiful Gazi			8116729535				
15			Rakesh Bag			9749083730				
16		Nominated by PBSSM	Prabal Chandra Ghosh	Pedagogy Co- ordinator		7029456129				
17			Chandan Roy	Asssistant teacher		8910633620				
18			Sudip Bhattacharya	Assistant teacher		8961646413				
19	Howrah	Nominated by DIET/PTTI	Nandita Datta	Sr. Lecturer	DIET	8420940166				
20			Pradipta Rajak	Lecturer	DIET	9432950124				
21			Manab Manna	Lecturer						
22		Nominated by PBSSM	Amal Kumar Maiti	Prog. coordinator (Ped)		9434941050				
23			Kalyan Pal	Asssistant teacher		829686092				
24			Dr. Goutam Brahma	Assistant teacher		9064118480				
25	Nadia	Nominated by DIET/PTTI	Debasis khatua	Lecturer	Krishnanagar Govt. PTI					
26			Sudipta Pramanik	Lecturer	Dharmada Govt. PTI					
27			Mahuya Biswas (Mandal)	Asst. Mistress	D.L Roy Women PTI					
28			DR. SUJIT KUMAR BISWAS	District Pedagogy Coordinator		7863963702				

29		Nominated by PBSSM	ASHOK KUMAR PANDAY	Head Teacher		8617631011				
30			Prabir Kanti Saha	Assistant teacher		9733584502				
31	Paschim Burdwan	Nominated by DIET/PTTI	Alok Ranjan Maiti	Lecturer-In- Charge	Laudoha PTTI	9564201569	maiti1968alok@gmail.com			
32			Aparup Paul	Lecturer	Laudoha PTTI	9775576694	paulaparup@gmail.com			
33			Biswajit Sardar	Lecturer	Laudoha PTTI	7687012070	biswajitsardar86@gmail.com			
34		Nominated by PBSSM	Soumendra Banerjee	PLANNING COORDINATOR		9564602353				
35			Rajib Roy	Asssistant teacher		9563569969				
36			Uma Maheshwar Ojha	Assistant teacher		7278859203				
37	Purba Burdwan	Nominated by DIET/PTTI	Shri. Palan Biswas	Sr. Lecturer	DIET	7063314876	biswaspalan@gmail.com			
38			Shri. Suman Sur	Lecturer	DIET	9064083055	sursuman87@gmail.com			
39			Smt. Rina Malik	Lecturer	DIET	8777316375	rinamalik1111@gmail.com			
40		Nominated by PBSSM	Taher Ali Sk	Pedagogy Co- ordinator		9832155073				
41			RAJIB KUMAR HUI	Astt. teacher		7797766077				
42			JYOTIRINDRANARAYAN LAHIRI	Assistant teacher		9732165813				
43			Pradip Kumar Ghosal	Sr. Lecturer-In- Charge	DIET 2nd Campus	8240607346	pradip1970ghosal@gmail.com			

44	Purba Medinipur	Nominated by DIET/PTTI	Sujay Kumar Saha	Lecturer	DIET	9681240089	Sujoy.eflu@gmail.com			
45										
46		Nominated by PBSSM	Gourhari Bera	Pedagogy Coordinator		9733719745				
47			ARIJIT BASU	Astt. teacher		9734354235				
48			DEBASIS DAS	Asstt. teacher		9732812605				

ATTENDENCE SHEET OF MTs PROGRAME ON LIFE SKILLS / LIFE STYLE EDUCATION (BATCH - II), FROM 18.05.2023 to 20.05.2023 at NSATI,WB, SALT LAKE.										
Sl. No.	District		Name of Participants	Designation	Name of the Institute	What's App No.	E-mail Id	Signature 18.05.2023	Signature 19.05.2023	Signature 20.05.2023
1	South 24 Parganas	Nominated by DIET/PTTI	Paritosh Pramanik	Sr. Lecturer	DIET 2nd Campus	9434443771	paritoshdiet@gmail.com			
2			Rohit Maity	Lecturer	DIET	7001327814	rohitmaity11@gmail.com			
3			Lovely Pal	Lecturer	RMSMPTTI (UNIT-II)	9874140557	lovelypal075@gmail.com			
4		Nominated by PBSSM	BINA MAZUMDER	PEDAGOGY CO-ORDINATOR		9836982298				
5			ANUBRATA RAY	AT		9874592736				
6			SATYENDRA NAIYA	HM		7980566066				
7	Malda	Nominated by DIET/PTTI	Ajit Saha	Sr. Lecturer-In-Charge	DIET	9800696364	mr.ajitsaha@gmail.com			
8			Swapan Kr. Das	Sr. Lecturer-In-Charge	DIET 2nd Campus	9432605869	dietswapandas@gmail.com			
9			Ashis Namata	Lecturer	DIET	8016887030	ashis22namata@gmail.com			
10		Nominated by PBSSM	ANJAN MISRA	PLANNING CO-ORDINATOR		9434170728				
11			SMRITI SAHA KARMAKAR	AT		8346872583				
12			GOUTAM MISHRA	AT		8906170820				

13	Dakshin Dinajpur	Nominated by DIET/PTTI	Shri. Sujay Mondal	Lecturer						
14			Shri. Partha Roy	Guest Lecturer						
15			Shri. Pranab Saha							
16		Nominated by PBSSM	MADHUSHREE ROY	PROGRAMME COORDINATOR, PEDAGOGY		7864029396				
17			SHUBHRA KUNDU	AT		9641884378				
18			RANJANA TOKDAR	AT		9434963767				
19	Murshidabad	Nominated by DIET/PTTI	Sukanya Das Chatterjee	Sr. Lecturer-In- Charge	DIET	8967623923				
20			Dhiman Saha	Lecturer	DIET	9851494266				
21			Boro Murmu	Sr. Lecturer	RMAGSPTTI(S ARGACHI)	9474318676/ 7001882581				
22		Nominated by PBSSM	SUJAY CHANDRA BISWAS	DISTRICT PEDAGOGY CO- ORDINATOR		8100358590				
23			PRADIPTA BHATTACHARJEE	AT		9474320980				
24			Dr. KUNAL SARKAR	AT		9933165144				
25			Sk. Asraf Ali		DIET	9609278478				

26	Jhargram	Nominated by DIET/PTTI	Smt. Sudipta Pal		DIET	7980631326				
27			Sumana Mandal		Midnapore Govt. PTI					
28		Nominated by PBSSM	APURBA HAZARI	LOWER DIVISION CLERK		7797490443				
29			KAMALENDU PRAMANIK	AT		9775578808				
30			DEBJYOTI PANI	AT		7478171509				
31	Purulia	Nominated by DIET/PTTI	Mr. Joydev Das	Sr. Lecturer	DIET	9734683003	joy72169@gmail.com			
32			Smt. Debatri Banerjee	Lecturer	DIET	8240687438	banerjeedebatri3@gmail.com			
33			Dr. Sudipta Sarkar	Lecturer	DIET	9475247404	sudiptasarkardiet@gmail.com			
34		Nominated by PBSSM	PRASANTA KUMAR MUDI	DISTRICT PROGRAMME COORDINATOR		9641409063				
35			CHANDAN CHAKRABARTY	TIC		7980202583/ 9874540087				
36			CHANCHAL GHOSH	AT		9474511419				
37	Birbhum	Nominated by DIET/PTTI	Sri. Srijib Tapaswi	Lecturer	DIET	7001346841	tapaswisrijib@gmail.com			
38			Smt. Krishna Maity	Lecturer	DIET	7908140188	krishna87.maity@gmail.com			
39			Sri.Chinmoy Chowdhury	Lecturer	Shyampahari Govt.PTTI	8900334529	cchowdhury2@gmail.com			

40	Dibrugarh	Nominated by PBSSM	Saikat Sengupta	District Pedagogy Co- ordinato		9475983956				
41			Sougata Mondal	AT		9474617123				
42			Animesh Das	AT		9477371821				
43	Paschim Medinipur	Nominated by DIET/PTTI	Sri. Uttam Kumar Mallik	Lecturer	Deuli Govt. PTTI	9434550675				
44			Harekrishna Mahata	Lecturer	Deuli Govt. PTTI	7384530927				
45			Atasibarna Maity	Music Teacher	Deuli Govt. PTTI	9749143110				
46		Nominated by PBSSM	Mintu Kumar Das	DISTRICT PEDAGOGY CO- ORDINATOR		9732753208				
47			Sibaprasad Samanta	AT		9733603397				
48			Anupam Mandal	AT		8250581366				

ATTENDANCE SHEET of LIFE SKILLS / STYLE EDUCATION (BATCH - III), MT on LSE , (29.05.2023 to 31.05.2023) at NSATI(WB), SALT LAKE.										
Sl. No.	District		Name of Participants	Designation	Name of the Institute	What's App No.	E-mail Id	Signature 29.05.2023	Signature 30.05.2023	Signature 31.05.2023
1	Darjeeling	Nominated by DIET/PTTI	Falmita Sunam	Lecturer	SRKPTTI	8670951891	_falmitasunam163@gmail.com			
2			Ashmita Loksham	Guest Lecturer	SRKPTTI	8670380341	ashmikaloksham123@gmail.com			
3			Regina Chettri	Guest Lecturer	SRKPTTI	7076376683	reginachettri1994@gmail.com			
4		Nominated by PBSSM	Rajani Subba	AI of Schools		8370974083				
5			Vivek dahal chettri	Assistant Teacher	Gram sewak primary	7908409039				
6			Chandra Kumar Chettri	Assistant Teacher	Relling H.S School	9735039014				
7	Cooch Behar	Nominated by DIET/PTTI	Aniruddha Samanta	Lecturer	DIET Coochbehar	9002193263				
8			Sovan Bhattacharya	Lecturer	DIET Coochbehar	9932852392				
9			Arun Kumar Paul	Lecturer - In-Charge	Nigamananda Sikha Niketan GSPTTI	9475514735				
10		Nominated by PBSSM	Puspita Sarkar Bhadra	Research-Coordinator	SSM	9475303547				
11			Shri Sanjib Roy	Head Teacher	PACHHAGAR JR. BASIC	9932920544				
12			Dr. Asutosh Dutta	ASSISTANT HEAD MASTER	AMBARI DHANIRAM HIGH SCHOOL	9832141010				

13	Jalpaiguri	Nominated by DIET/PTTI	Janajit Chakraborty	Sr. Lecturer	Jalpaiguri DIET	7003811518	nemo197255@gmail.com			
14			Subrata Barui	Lecturer	Jalpaiguri DIET	7602422180	subratabarui11@gmail.com			
15			Md. Warish	Lecturer	Jalpaiguri DIET	9681671444	mdwarishergocu@gmail.com			
16		Nominated by PBSSM	Raja Datta	Pedagogy Co-ordinator	SSM	7501079068				
17			Rikhia Sarkar	Assistant Teacher	Child Welfare Prymary School	9832382402				
18			Subarna Das	Assistant Teacher	Sunitibala Sadar Girls High School	9733322409				
19	Kalimpong	Nominated by DIET/PTTI	Priyanka Thapa	Guest Lecturer	KalimpongPTTI	9679439984				
20			Sharmin Mukhia	Guest Lecturer	KalimpongPTTI	7719201394				
21			Dipjan Thapa	Guest Lecturer	KalimpongPTTI	9064289606				
22		Nominated by PBSSM	Sri laxman Das	SI of Schools		9064653866				
23			Anand Chettri	Assistant Teacher	Newra forest Village Pry School	9475331060				
24			Sanjay Sharma	Assistant Teacher	Ambiok High School	9733074987				
25			Kakoli Sarkar			9062181912				

26	Kolkata	Nominated by DIET/PTTI	supriya Samanta Halder			9232825308				
27			arundhuti Dutta			9231598222				
28		Nominated by PBSSM	Sri. Arindam Pal	prog. Coordinator, Pedagogy	SSM	9432186860				
29			Smt. Sarbani Sen	H.M.	Santoshpur Rishi Aurobindo Balika Vidyapith	9339567933				
30			Smt. Barnali Sengupta	H.T.	Bholanath Halder Smriti G.S.F.P School	8013092594				
31	Siliguri	Nominated by DIET/PTTI								
32										
33										
34		Nominated by PBSSM	Atiqul Islam	ADPO, SSM		9932507172				
35			Panchanan Singha	Assistant Teacher	BAROGHORIA FREE PRIMARY SCHOOL	7031170426				
36			Kartick Chandra Dhara	Assistant Teacher	SILIGURI BOYS' HIGH SCHOOL	9477358851				
37		Nominated by DIET/PTTI	Bhaswati Ghosh, Senior	Lecturer,	DIET, Uttar Dinajpur.					
38			Nur Alam,	Lecturer,	DIET, Uttar Dinajpur.					

39	Uttar Dinajpur		Sudip Mitra,	Lecturer,	DIET, Uttar Dinajpur.				
40		Nominated by PBSSM	Sri Somnath Chakraborty	CM&AS Co- ordinator		7001262072			
41			Md. Samim Afzal	HEAD TEACHER	BARA PATNA FPS	8918345750			
42			Sanjib Kr. Biswas	Assistant Teacher	RASAKHOWA HIGH SCHOOL	9046567028			
43	Alipurduar	Nominated by DIET/PTTI	Partho Kumar Seal	AT	Panchkolguri Promodini H.S	8967466747			
44			Utpal Chandra Sarkar	AT	Raichenga Vidyaniketan H.S	9064785288			
45			Ilias Biswas	AT	Sonarpur B.K. School	9734828489			
46		Nominated by PBSSM	Abhijit Ghosh	DDPO		7973488978			
47			Soumen Chowdhury	Assistant Teacher	Debendra Sishu Shiksha Niketan Pry School	7908548058			
48			Banani Kirtaniya	Assistant Teacher	Majherdabri High School,Baruipara	7908496546			

BATCH